



STFP promotes tourism practices that are environmentally sustainable, economically beneficial to the local communities, and educational experience for tourists.

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Ratti Gali Lake Backpacking Expedition

The Ratti Gali Lake is one of the most beautiful lakes of Pakistan. It is located in the Neelum Valley of AJK along the border of Kaghan Valley at the elevation of 12,100 feet from sea level. The trek to Ratti Gali starts from Burawai in upper Kaghan Valley or one can attempt it from Dawarian in Neelum Valley. We have planned a 6 days backpacking expedition to explore the hidden beauty of this beautiful Lake.

Date: 25-30 Aug

Days: Saturday to Thursday

Duration: 6 days

Departure Time: 0800 hours

Base: Islamabad

Per head Fee: Rs.16,900/- (all inclusive)

Booking Deadline: 15th August

To register for this trip please send us an email at: stfp.info@gmail.com

For further information contact: Syed Adnan Amjad at 051-2612448



Eco-Adventure Trekking Expedition to Fairy Meadows Nanga Parbat Base Camp

Nanga Parbat (8126m) is the second highest mountain peak of Pakistan and its base camp is one the most assessable base camps of any 8000-meter peak in Pakistan. On this 6 days adventure trip we will take you to the Fairy Meadows side of Nanga Parbat. This area offers excellent trekking opportunities with lush green meadows, pine covered slopes and superb views of Nanga Parbat and other high peaks. On this trail porters carry the camping equipment and heavy luggage while you hike carrying your day pack to a series of camps located at 3000 to 4500 meters from sea level. A unique opportunity for adventure and nature lovers.



Lake

*"The World is a book,
and those who do not
travel read only a page".*
St. Augustine

Date: 25-30 Aug

Days: Saturday to Thursday

Duration: 6 days

Departure Time: 0800 hours

Base: Islamabad

Per head Fee: Rs.20,900/- (all inclusive)

Booking Deadline: 15th August

To register for this trip please send us an email at: stfp.info@gmail.com

For further information contact: Syed Adnan Amjad at 051-2612448





Family Eco-Adventure to Kaghan Valley

Kaghan is a jewel among the many beautiful valleys in the Mansehra District of Hazara. This 160 kilometer long valley is most popular summer holiday spots for both Pakistanis as well as foreigners.

The valley features pine forests, alpine meadows, crystal clear lakes and cool mountain streams. Kunhar River, the main feature of the valley, is famous for its trout. Nestled along the banks of the river are the towns of Balakot, Paras, Mahandari, Kaghan and Naran. The local people are friendly and simple.

This soft adventure vacation in Kaghan Valley will be an unforgettable experience for adventure lovers. We have planned a 4 days family adventure trip to Kaghan Valley. Participants will visit Naran, Lake Saiful Muluk, Lake Lulusar and Lalazar while staying at the most beautiful location of Kaghan Valley.

Date: 30 August to 02 September

Days: Thursday to Sunday

Duration: 4 days

Departure Time: 0800 hours

Base: Islamabad

Per head Fee: Rs.10, 500/-

Booking Deadline: 17th August

To register for this trip please send us an email at: stfp.info@gmail.com

For further information contact: Syed Adnan Amjad at 051-2612448





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We're on the Web!

See us at:

www.stfp.org

*"To travel is to take a journey
into yourself".*

Danny Kaye

What is Responsible Travel?

Responsible travel is about minimizing your impact and maximizing your connection with people and the environment. It's about making a positive contribution and having the most rewarding and inspiring travel experiences of your life.

Responsible tourism can be more-or-less defined as travel that takes into consideration the 'triple bottom line' issues of:

ENVIRONMENT: travel that minimises negative environmental impacts and, where possible, makes positive contributions to the conservation of biodiversity, wilderness, natural and human heritage.

SOCIAL/CULTURAL: travel that respects culture and traditions and fosters authentic interaction and greater understanding between travellers and hosts.

ECONOMIC: travel that has financial benefits for the host community and operates on the principles of fair trade.

Travelling by the responsible travel ethos is one of the most direct and personal ways you can make a difference to some of the biggest issues affecting our world: poverty and peace. Be a part of the solution, not a part of the problem - and have the time of your life doing it.

Coming Events

- Weekend trip to **Banjosa Lake, Azad Kashmir** (15-16 September)
- One day hiking trip to **Mukshpuri Top, Nathiagali** (23 September)
- **World Tourism Day** Awareness Seminar- Islamabad (27 September)

Field trips are also open for your family members and friends, so you are welcome to invite them on these trips with prior intimation to the concerned staff of STFP at the time of signing up. Minimum group size for each trip is 8 persons.

Your participation in our trips, expeditions and knowledge sharing events provide support to STFP's mission of increasing awareness through exploration, environmental education, exchange of ideas and research work.

 Please consider the environment before printing