



*STFP promotes tourism practices that are environmentally sustainable, economically beneficial to the local communities, and educational experience for tourists.*

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## Hunza Autumn Photo Safari

Hunza valley and its capital Karimabad, present a stunning site that is out of this world. On the one hand there is the might and the majesty of numerous peaks, a number of them above 7000 meters and on the other, the colorful abundance of the terraced fields. As you gaze up the towering and glorious Rakaposhi peak and look down at the fast flowing Hunza River crisscrossing through the Hunza valley, you will need a pinch or two to come out of the state of bewilderment.

Autumn is the time of the year when landscape of Hunza valley looks just like a painting. The trees throughout the valley seem to be on fire, as their leaves turn to golden, red, orange and bronze contrasting sharply with rocky mountains, their tops covered with snow and emerald green water of river snaking through the valley. It is a photographer's dream come true, hence this tour will provide you the golden opportunity to capture the most fascinating autumn scenery through the lens of your camera.

**Date:** 18 to 21 October

**Day:** Thursday to Sunday

**Duration:** 4 days

**Departure Time:** 0700 hours

**Base:** Islamabad

**Per head Fee:** Rs.12,000/-

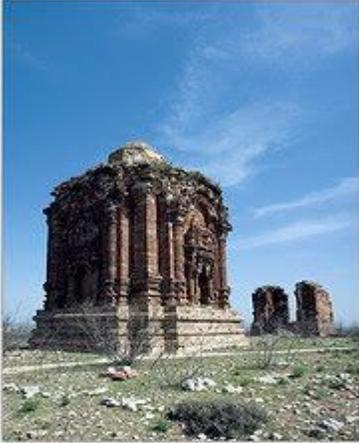
**Booking Deadline:** 10th October

To register for this trip please send us an email at: [stfp.info@gmail.com](mailto:stfp.info@gmail.com)

For further information contact: Syed Adnan Amjad at 051-2612448



## Day Trip to Ketas Raj and Malot Temples



Malot Fort

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*“The World is a book,  
and those who do not  
travel read only a page”.*

*St. Augustine*

This day trip will take you to two very important historical sites of Salt Range. Ketas Raj is a complex of Hindu temples in Chakwal district. According to legend, when Shiva's beloved wife died, his tears created two holy ponds – one at 'Pushkara' of Ajmer and the other at 'Ketaksha'. In Sanskrit, Ketaksha means 'weeping eyes'. It is from this word that Ketas is derived. It was also a Buddhist site associated with Asoka. The Malot Temples are nine miles south and were built in red sandstone in the Hindu Shahi era in the 9<sup>th</sup> - 10<sup>th</sup> centuries. At a height of 3,000 ft, there is a wonderful view over the Punjab plain from the ridge of the salt range.

**Date:** 14 October

**Day:** Sunday

**Duration:** 09 hours

**Departure Time:** 0800 hours

**Base:** Islamabad

**Per head Fee:** Rs.800/-

**Booking Deadline:** 10th October

To register for this trip please send us an email at: [stfp.info@gmail.com](mailto:stfp.info@gmail.com)

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## Hiking Trip to Margalla Hills National Park

Margalla Hills National Park is an ideal place for short hiking trips in winter. We will visit the MHNP information center and get a briefing about the rich flora and fauna of this National park. After that we will start our hike on the trail-5 which passes through the valley of Dara Jangla. We will continue through the narrow gorge, cross a small stream and a spring, and after about two hours we will reach the Pir Sohawa road. After taking a break for lunch we will walk down to Saidpur using another trail. Walking time is about 4 to 5 hours. The first half of the hike is climb to the top of the ridge and can be strenuous for novices or people who have not hiked before. Wear sturdy shoes and bring water bottle, snacks and lunch pack.

**Date:** 28 October

**Day:** Sunday

**Duration:** 06 hours

**Departure Time:** 0800 hours

**Base:** Islamabad

**Per head Fee:** Rs.200/-

**Booking Deadline:** 24<sup>th</sup> October

To register for this trip please send us an email at: [stfp.info@gmail.com](mailto:stfp.info@gmail.com)

For further information contact: Syed Adnan Amjad at 051-2612448

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"It is the quality of our experiences, the satisfaction, excitement or joy that we get or fail to get from them that will determine how those experiences will change us, in short what we learn."  
*John Holt*





## Sustainable Tourism Foundation Pakistan

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We're on the Web!

See us at:

[www.stfp.org](http://www.stfp.org)

"A journey is a person in itself, no two are alike. We find after years of struggle that we do not take a trip, a trip takes us."

J Steinback

## World Tourism Day 2012

World Tourism Day was celebrated all over the world on 27<sup>th</sup> September under the auspicious of UN World Tourism Organization. This year's theme aims to highlight tourism's role in a brighter energy future; a future in which the world's entire population has access to modern, efficient and affordable energy services.



Tourism is one of the world's largest economic sectors and it is also one of the largest in terms of energy consumption in hotels, restaurants, land and air travel, travel trade and other allied departments. Celebration of this day is important in raising awareness among the concerned stakeholders about improving energy efficiency and adopting the use of renewable energy technologies in tourism operations.

Sustainable Tourism Foundation Pakistan (STFP) has planned to organize a series of awareness seminars to educate different groups of tourism stakeholders to adopt the best practices of energy conservation in day to day operations of tourism, hospitality and transport sectors. STFP is also introducing an energy efficiency toolkit for tourism and hospitality industry to educate small, medium and large tourism and hotel enterprises to adopt easy to manage best practices in reducing the energy consumption. We hope that energy conservation efforts in tourism sector will not only save already scarce electricity and fossil fuels but it will also reduce stress on our natural environment and positively contribute for dealing with the issue of climate change.

## Upcoming Events

- Eco-adventure trip to Cholistan Desert and Indus Dolphin watching at Taunsa Barrage (08-11 November)
- Day trip to Rawat Fort and Rohtas Fort (18 November)
- Day trip to Thatta, Makli, Halaji and Keenjhar Lakes (25 November)

**Field trips are also open for your family members and friends, so you are welcome to invite them on these trips with prior intimation to the concerned staff of STFP at the time of signing up. Minimum group size for each trip is 8 persons.**

***Your participation in our trips, expeditions and knowledge sharing events provide support to STFP's mission of increasing awareness through exploration, environmental education, exchange of ideas and research work.***

 Please consider the environment before printing